



"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

PHILIPPIANS 4:6

Break down barriers. Build people up. Bring people together.

Qendra Tek Ura · Tirana & Durrës, Albania · UK charity: At the Bridge (1218711)
info@tekura.org · tekura.org · +355 68 6047423 · +44 7576 450041

Some details in this guide have been changed or left out to protect the people we serve.



10 YEARS · BUILDING BRIDGES TOGETHER

Prayer Guide **2026**

Pray with Tek Ura · **September to December 2026**

Break down barriers · Build people up · Bring people together

10 YEARS · BUILDING BRIDGES
TOGETHER

*"See, I am doing a new
thing! Now it springs up; do
you not perceive it?"*

ISAIAH 43:19



Welcome

to this Tek Ura Prayer Guide

Faleminderit shumë — thank you for picking up this guide.

Ten years ago Tek Ura began in one borrowed room in Tirana. Today 537 people a week find community, care and therapy in our centres in Tirana and Durrës, and 136 gather every week in ten cell groups — small churches that meet in homes and centres. None of it has come from our own cleverness. We simply joined in where God had already turned over the soil — and people like you have prayed.

This guide walks through the autumn week by week. Each week has a focus drawn from one of our five programmes, a verse to hold on to and a short prayer for every day. We have written it with care: the people we walk alongside are real, and many are vulnerable, so we have changed or left out anything that could identify them. Please pray boldly and share the guide freely — but please don't add names or stories you may hear elsewhere.

Joining us partway through the autumn? Simply start with this week's page.

Lavdi Zotit — and the best is yet to come.

Dan & Annie Dupree

Co-founders, and for 'At the Bridge' in the UK

Front cover: the Tek Ura team with friends in the UK for our tenth anniversary, March 2026. **Back cover:** learning to read at one of our centres. **Above right:** Dan and Annie breaking ground on the new land in Durrës.

Qendra Tek Ura · Rr. Faik Kulla, Tirana · Rr. Aleksander Goga, Spitalë, Durrës · info@tekura.org · +355 68 6047423 · +44 7576 450041 · tekura.org

Albanian registered charity (NIPT L61405452M). UK sister charity: At the Bridge (registered charity no. 1218711).

Tek Ura Prayer Guide, September–December 2026, first edition. © 2026 Qendra Tek Ura. Photos © Qendra Tek Ura, used with permission. Scripture quotations are from the Holy Bible, New International Version® (NIV®), copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission. All rights reserved worldwide. Please pass this guide on or recycle it when you have finished.

The autumn at a glance

Dates to pray around — and ways to get involved

1 Sep	Autumn term begins
14 Sep	Trustees meet
15 Sep	Council of Supporters
21–23 Sep	EBF migration conference, Durrës
Late Sep	'Closer' online evening
Early Oct	Visit from our US partners
Oct (tbc)	Stewardship visit
25 Oct	Tirana 10K — Run for Tek Ura
25–29 Oct	Mini-immersive visit from a UK church group
22 Nov	Alphabet Day, Albania
24 Nov	Council of Supporters
25 Nov	Day for the Elimination of Violence against Women
28 Nov	Flag and Independence Day
29 Nov	Advent Sunday · Liberation Day · Advent resource begins
3 Dec	International Day of Persons with Disabilities
8 Dec	National Youth Day, Albania
Dec	Trustees meet
25 Dec	Christmas Day

PRAY

Use this guide at home, in a small group or on Sunday. Email info@tekura.org for weekly verse slides — and tell us you're praying.

GIVE

£25 covers a month of school materials for a child · **£100** a month of free therapy for a child with a disability · **£250** keeps a child in school for a year. Gift Aid adds 25%.



Give securely through Stewardship
stewardship.org.uk/partners/20199830
The easiest way to give

Or by bank transfer to At the Bridge, a UK charity (reg. no. 1218711) that supports the work of Qendra Tek Ura

Account name: At the Bridge · Bank: HSBC
Sort code: **40-33-33** · Account: **13830454**
Reference: Tek Ura

Or by cheque payable to 'At the Bridge', with 'Tek Ura' written on the reverse, to: Tek Ura, 3 Faulkner Gardens, Marston Moretaine, MK43 2AA

Giving by transfer or cheque? Email info@tekura.org for a Gift Aid form and our thanks.

GO — OR INVITE US

Join an immersive visit or run the Tirana 10K. For a church visit from Dan and Annie or one of the team, email dan@tekura.org.

STAY CLOSE

Join our online 'Closer' evenings and receive our prayer letters.



Get prayer updates on WhatsApp
Scan to join 'Tek Ura Supporters' for news and prayer requests.

Pray for the team

The people who carry the work, week by week

IN ALBANIA

Matilda — Team Leader

Juri — Pastor, Komuniteti i Besimit Tek Ura

Xhina — Rehab Programme Leader

Tea — Physiotherapist, Durrës

Eralda — Skills lead, Tirana

Ilsa — Church worker and Skills, Durrës

Roxhers — Recovery Programme Leader

Revi — Social worker and Durrës administrator

Khonsila — Finance Manager

...and all our volunteers and interns

CO-FOUNDERS

Dan & Annie Dupree — currently UK-based in a hybrid role, working between the UK and Albania

TRUSTEES

David Hillyer · Andrew Jones · Irena Crawford · Amy Harper · Annie Dupree · Dan Dupree

COUNCIL OF SUPPORTERS

Led by **Nick Hudson**, supported by **Andy Clarke**, with friends from the south coast to Scotland

OUR PARTNERS

More than thirty churches across the UK who pray, give and go

At the Bridge, our UK sister charity

Stewardship, who handle UK gifts

Our US partners in disability inclusion



Tek Ura at a glance

'Tek Ura' means 'at the bridge'

Our vision — a flourishing community for all, where people feel valued, interconnected and are active participants. **Our mission** — to build bridges between people, building them up in community, with God at the centre.

537

people every week

10

years in Albania

2

centres, Tirana and Durrës

0–90

the ages we serve

OUR FIVE PROGRAMMES — AND THE FAMILY BEHIND THEM

Skills & Education

120

children a week

Homework clubs and Horizons English
32 refugee families learning Albanian

Rehabilitation & Therapy

67

people a week in our clinics

100+ free clinical hours a week
Sensory Bible Stories every Friday

Recovery & Empowerment

34

people into legal work last year

62 heater loans, 11 homes repaired
Social work drop-ins in both cities

Komuniteti i Besimit

136

gathering weekly in ten cells

78 members
Albanian-led, Albanian voices

Connect & Community

503

a week at Connect activities

400+ at summer camps
Residents Advisory Councils

The whole Tek Ura family

14

Albanian staff

23 volunteers and interns
Albanian-led executive by 2028

Figures: Tek Ura Impact Report 2025–26.

"How good and pleasant it is when God's people live together in unity!"

PSALM 133:1

A PRAYER FOR THE TEK URA FAMILY

Lord Jesus, thank you for the bridge you have built between us and between our churches. Keep the team in Tirana and Durrës close to you. Give them strength for each day, wisdom for each decision and joy in the people they serve. Where there is tiredness, bring rest; where there is need, bring provision; where there is fear, bring your peace. May everyone who walks through our doors find a place to belong — and find you. Amen.

HOW TO USE THIS GUIDE

- ☐ Pray one short prayer each day and tick the box.
- ☐ Use the weekly verse in church notices or your small group.
- ☐ Pray for the team by name on page 22.
- ☐ The colour of each week shows which programme it focuses on.
- ☐ Join our online 'Closer' evenings for stories and prayer.
- ☐ Each week has a short reflection or a real story from the team.

WEEK 1 • RECOVERY & EMPOWERMENT

Back to work, back to school

September means a new term and a busy return after a full summer — over 200 people at June's Tek Ura 10 camp and more than 400 across the year's summer camps. As drop-ins, clubs and home visits start again, we pray for families facing the cost of a new school year.

"Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

LAMENTATIONS 3:22-23

Summer camp: the whole community together in the pine forest.

REFLECT

New mornings, new terms, new starts: God's faithfulness is not rationed. Where do you need his mercy to be new this week?

- ☐ **SUNDAY 30 AUG** Thank God for every child, young person and adult who came to this summer's camps. Pray that friendships made and seeds sown would keep growing through the autumn.
- ☐ **MONDAY 31** Pray for families facing the cost of a new school year — uniforms, books and shoes on top of rent and debts. Ask God to provide, and to show us how to help well.
- ☐ **TUESDAY 1 SEP** Pray for Roxhers and the Recovery team as the social work drop-ins open again in Tirana and Durrës: for patience, wisdom and open doors.
- ☐ **WEDNESDAY 2** Pray for people who come to the drop-in carrying heavy loads — debt, unsafe housing, no work. May they find a place where they are listened to and not judged.
- ☐ **THURSDAY 3** Ask for rest and fresh strength for staff returning after a full summer, and for joy as they welcome familiar faces back.
- ☐ **FRIDAY 4** Give thanks for the 34 people who moved into legal employment last year. Pray that they keep going, and that more would follow.
- ☐ **SATURDAY 5** Give thanks for the volunteers from Albania and the UK who served this summer. Pray that they carry what they learned into their own churches and communities.

WEEK 18 • THE WHOLE TEK URA FAMILY

Sent, still

As one year ends and another begins, we give thanks for more than thirty churches across the UK who stand with us, and for a growing family of friends across Europe. God is still calling and sending — from everywhere to everywhere.

Concept image for the Senses Café & Play in Durrës.

"Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household."

EPHESIANS 2:19

REFLECT

Once foreigners, now family. God is still building one household out of every nation — Albania and the UK included.

- ☐ **SUNDAY 27 DEC** Give thanks for the more than thirty churches across the UK who stand with us in prayer and giving.
- ☐ **MONDAY 28** Pray for a new generation of goers and senders from the UK.
- ☐ **TUESDAY 29** Pray for the European Baptist family, and for the friendships deepened this year.
- ☐ **WEDNESDAY 30** Pray for churches in Albania and the UK to open their doors wider — that the most excluded find belonging and become leaders.
- ☐ **THURSDAY 31** Give thanks for God's faithfulness through ten years of building bridges.
- ☐ **FRIDAY 1 JAN** Pray for the 2028 goals: an Albanian-led executive, a new rehab clinic in Durrës and the Senses Café & Play.
- ☐ **SATURDAY 2** Pray for 2027 with hope — 'the best is yet to come'.

WEEK 17 • CONNECT & COMMUNITY

Christmas at Tek Ura

Last Christmas around 100 people came to our celebration in Durrës and around 80 in Tirana — as many as the centre could hold. This year we pray for room to welcome everyone, and for every guest to find a place to belong.

Candles around the Christmas tree in the centre courtyard.

“They will call him Immanuel (which means ‘God with us’).”

MATTHEW 1:23

REFLECT

Immanuel: God did not stay at a distance. Christmas is God moving in next door.

- ☐ **SUNDAY 20 DEC** Give thanks for last year’s Christmas celebrations, and pray for this year’s gatherings in Tirana and Durrës.
- ☐ **MONDAY 21** Pray for space to welcome everyone who wants to come, and for those who will spend Christmas alone.
- ☐ **TUESDAY 22** Pray for families facing a cold Christmas: that the clothes and blankets in our store, and gifts from many hands, bring warmth and joy. To give towards Christmas at Tek Ura, see page 23.
- ☐ **WEDNESDAY 23** Pray for the Christmas celebrations for older people, stay-and-play families and the children in our programmes.
- ☐ **THURSDAY 24** Pray for everyone joining us this Christmas, that they would find a place to belong.
- ☐ **FRIDAY 25** Gëzuar Krishtlindjen — Happy Christmas! Praise God for Immanuel, God with us.
- ☐ **SATURDAY 26** Pray for staff and their families to rest well over Christmas.

WEEK 2 • SKILLS & EDUCATION

Pray them through the gate

Somewhere in Tirana a six-year-old should be starting school this month. Every September our Skills team walks families towards the school gate — filling bags, sitting with parents over paperwork and speaking up for children who have been turned away.

A new school bag, packed and ready for the school gate.

“Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these.”

MARK 10:14

A STORY FROM OUR SOCIAL WORK TEAM

Last year a 15-year-old girl, raised by her grandparents, missed the start of high school: by the time her family agreed she could go, registration had closed. She would not settle for anything else, and waited a year. This summer Revi rang her grandmother to say the window was open. When the online form went through, her grandparents wept. Revi made sure both sisters had school bags.

- ☐ **SUNDAY 6 SEP** Pray for children on the edge of the school system, especially six-year-olds starting for the first time: that this is the year they walk through the gate.
- ☐ **MONDAY 7** Pray for parents carrying impossible choices, where a day in school earns nothing today. Ask for changed circumstances, practical support and hope for their children’s future.
- ☐ **TUESDAY 8** Pray for provision of backpacks, books, shoes and coats for every child who needs them. £25 covers a month of school materials for a child.
- ☐ **WEDNESDAY 9** Pray for children with disabilities and additional needs to find open doors and welcoming head teachers, and for smooth moves into mainstream classrooms.
- ☐ **THURSDAY 10** Pray for Eralda, who leads our Skills work from Tirana, and for Ilsa as she covers Skills in Durrës alongside her church work — for energy and favour in the busiest weeks of their year.
- ☐ **FRIDAY 11** Give thanks for the summer English club, where around 30 children a day grew in confidence for school, and for every backpack handed out as it finished.
- ☐ **SATURDAY 12** Pray for the 120 children a week in our Skills programmes: that homework clubs and English groups would be places of help, belonging and Jesus.

WEEK 3 · THE WHOLE TEK URA FAMILY

Leaders and supporters

Behind every programme is a web of people who carry Tek Ura in prayer, giving and governance. This week the trustees and the Council of Supporters both meet. Pray for wisdom, unity and courage as they plan for the years ahead.

“Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.”

1 CORINTHIANS 15:58

Supporters gathered for Tek Ura 10 at Whetstone Baptist Church.

REFLECT

Nothing given to God’s work is wasted — not the meeting, the gift or the quiet prayer. Give yourself fully this week.

- ☐ **SUNDAY 13 SEP** Give thanks for the churches and friends who stand with Tek Ura. Pray that they would know they are partners and family, not spectators.
- ☐ **MONDAY 14** Pray for the trustees as they meet today — David, Andrew, Irena, Amy, Annie and Dan — for wisdom, unity and courage in decisions about the future.
- ☐ **TUESDAY 15** Pray for tonight’s Council of Supporters, and for Nick Hudson, who leads it, supported by Andy Clarke. May it be a gathering full of encouragement.
- ☐ **WEDNESDAY 16** Pray for the journey towards an entirely Albanian-led executive by 2028, and for the Albanian leaders already stepping into bigger roles.
- ☐ **THURSDAY 17** Pray for the Residents Advisory Councils in Tirana and Durrës, that local voices would shape our work and that the community would decide, not just receive.
- ☐ **FRIDAY 18** Pray for Matilda, our Team Leader, and for the whole staff team as they hold together many programmes, visits and plans.
- ☐ **SATURDAY 19** Pray for faithful, steady giving so that the work can be sustained, and give thanks for every supporter who gives regularly and quietly.

WEEK 16 · KOMUNITETI I BESIMIT

Growing leaders

Ten years ago the church was a dream spoken in another language; today it is Albanian-led. Teenagers in Play and Pray are praying aloud for the first time, and young people are choosing to train for ministry at home in Albania.

Young leaders running games at youth club.

“And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.”

2 TIMOTHY 2:2

A STORY FROM KOMUNITETI I BESIMIT

Ardit (not his real name) is eighteen. His father disappeared when he was small, most likely on the road out of Albania, and he grew up working to support his mother and sister. He once wanted to be a doctor. This year he asked Pastor Juri about Bible school, and he is now training for ministry in Tirana. “He may never be a doctor,” Juri says, “but he will be a fisher of people.”

- ☐ **SUNDAY 13 DEC** Give thanks for Play and Pray, where teenagers are praying aloud for the first time and older teens are stepping into leadership.
- ☐ **MONDAY 14** Pray for young people choosing to train for ministry in Albania — and pray for more like them.
- ☐ **TUESDAY 15** Pray for Juri, for Ilsa, our church worker in Durrës, and for all the church leadership as they carry a busy season.
- ☐ **WEDNESDAY 16** Pray for our cell leaders as they prepare Christmas gatherings in Tirana and Durrës.
- ☐ **THURSDAY 17** Pray for the Young Men’s Service, the Women’s Service and the family group — places of honest sharing and prayer.
- ☐ **FRIDAY 18** Pray for the Sensory Bible Stories groups, where members who never say a word help the whole church read Scripture.
- ☐ **SATURDAY 19** Pray for the vision of Tek Ura training pioneers in Albania, the UK and beyond.

WEEK 15 • THE WHOLE TEK URA FAMILY

Many hands, one bridge

Tek Ura's work is carried by 14 Albanian staff and 23 volunteers and interns, and by many hands in the UK. As the year closes the trustees meet in December to plan for 2027, and Albania celebrates Youth Day.

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."

1 PETER 4:10

Celebrating ten years with UK supporters.

REFLECT

Every gift is on loan from God, given to be passed on. What has he given you to share?

- ☐ **SUNDAY 6 DEC** Give thanks for every volunteer and intern who has served with us this year.
- ☐ **MONDAY 7** Pray for the new partnership agreements with supporting churches, that they deepen real friendship.
- ☐ **TUESDAY 8** On Youth Day, give thanks for Albania's young people, and pray for hope and a reason to stay and build.
- ☐ **WEDNESDAY 9** Pray for young people facing pressure online — gambling, harmful content and voices that sell despair — to find people and a Saviour who offer hope.
- ☐ **THURSDAY 10** Give thanks for the new digital literacy and online-safety sessions in our Skills programme.
- ☐ **FRIDAY 11** Pray for the trustees as they meet this month: wisdom on the 2027 budget and the new fundraising strategy.
- ☐ **SATURDAY 12** Pray for the At the Bridge internship programme, and for the right people for 2027 placements.

WEEK 4 • RECOVERY & EMPOWERMENT

Welcoming the stranger

Albania has lost almost one person in four since 2000, and many young people still weigh up whether to leave. This week European Baptists who work with migrants meet in Durrës and visit our centre to listen and learn. Pray for welcome, protection and hope.

Albanian lessons for families making a new home here.

"Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."

HEBREWS 13:2

REFLECT

Hospitality is where strangers become guests, and guests sometimes turn out to be God's messengers. Who could you welcome?

- ☐ **SUNDAY 20 SEP** Pray for the European Baptist Federation (EBF) Migration Team and the delegates travelling to Durrës for their migration conference. May they arrive safely, rested and ready to listen.
- ☐ **MONDAY 21** The conference begins today. Pray for those who serve migrants and migrant churches across Europe: for deep fellowship and fresh vision for welcoming the stranger.
- ☐ **TUESDAY 22** Today European Baptist visitors come to our Durrës centre. Pray for those from our community who have chosen to share something of their journey: that they are honoured, safe and free to share only what they choose.
- ☐ **WEDNESDAY 23** Give thanks for yesterday's visit. Pray that the connections made become lasting partnerships for people on the move across Europe.
- ☐ **THURSDAY 24** Pray for Roxhers and the Recovery team as they walk with people rebuilding their lives after exploitation — for legal work, safe homes and restored hope.
- ☐ **FRIDAY 25** Pray for the Durrës team after a demanding week: rest and joy. Pray for wisdom in decisions about the Durrës site, and for families newly reaching out to the rehab clinic.
- ☐ **SATURDAY 26** Pray for young people in Albania weighing up whether to stay or leave, and for protection for all who are vulnerable to exploitation.

WEEK 5 · CONNECT & COMMUNITY

Belonging before believing

Every week 537 people find community, care and therapy at Tek Ura. For many, a coffee, a club or a camp is the first door they walk through. We call it belonging before believing — and it is how much of our church family first came to know Jesus.

Friends around the table in front of a community mural.

“Accept one another, then, just as Christ accepted you, in order to bring praise to God.”

ROMANS 15:7

REFLECT

We were welcomed before we believed. Belonging is how Christ met us — and how we meet others.

- ☐ **SUNDAY 27 SEP** Give thanks for Juri and Matilda’s time at the EBF Council in Durrës, and for Albanian voices heard among European Baptists.
- ☐ **MONDAY 28** Pray for this week’s ‘Closer’ evening online: that supporters feel close to the team and are stirred to pray.
- ☐ **TUESDAY 29** Pray for the 537 people who come through our doors each week — that each one feels valued, known and welcome.
- ☐ **WEDNESDAY 30** Pray for the Ambassadors with Trainers, where children aged 9 to 14 from different communities learn teamwork, fair play and respect.
- ☐ **THURSDAY 1 OCT** Pray for the Older People’s Group and the older members of our church family, that loneliness would give way to friendship.
- ☐ **FRIDAY 2** Pray for carers of children with complex needs who meet each month to be heard and encouraged: for strength, rest and friendship.
- ☐ **SATURDAY 3** Give thanks for Eat Talk Pray and the drop-in in Durrës, where connection so often starts with a cup of coffee.

WEEK 14 · REHABILITATION & THERAPY

Advent hope for every body

Advent begins — a season of waiting for light. On 3 December, the International Day of Persons with Disabilities, we pray for disabled children and adults across Albania and for the vision of a new rehab clinic in Durrës.

Advent candles, lit week by week as Christmas draws near.

“The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned.”

ISAIAH 9:2

REFLECT

Advent begins in darkness, not denial. The light comes into the dark — for Albania, and for us.

- ☐ **SUNDAY 29 NOV** As Advent begins, give thanks for the churches who have prayed with us through the autumn, and pray for Albania on Liberation Day.
- ☐ **MONDAY 30** Our Advent resource begins this week. Give thanks for everyone who shared the Street Advent calendar in 2024 and the Advent Peace Calendar in 2025, and pray that this year’s resource draws homes, churches and small groups into prayer and generous giving.
- ☐ **TUESDAY 1 DEC** Pray for families of children with complex needs, as winter makes daily life harder.
- ☐ **WEDNESDAY 2** Pray for the rehab team and the vision for a new rehab clinic in Durrës. £100 gives a child with a disability a month of free therapy.
- ☐ **THURSDAY 3** On the International Day of Persons with Disabilities, pray for disabled children and adults in Albania and their families.
- ☐ **FRIDAY 4** Pray for the Senses Café & Play vision on our land in Durrës — a place of play, therapy and welcome for all abilities.
- ☐ **SATURDAY 5** As dark nights and bad weather keep people at home, pray for those who become more isolated — older people, carers and anyone living alone — and for friendship and Advent hope at our doors.



WEEK 13 • RECOVERY & EMPOWERMENT

Safe and valued

On 25 November the world marks the International Day for the Elimination of Violence against Women. Our social workers walk alongside people in complex and risky situations every week. Albania also celebrates Alphabet Day and Independence Day.

A community quilt: every square stitched with a word — family, faith, hope.

“The Lord is close to the broken-hearted and saves those who are crushed in spirit.”
PSALM 34:18

REFLECT

God is nearest where hearts are most broken. Pray with confidence: he is already there.

- ☐ **SUNDAY 22 NOV** On Alphabet Day, give thanks for the Albanian language and for everyone who helps children learn to read and write.
- ☐ **MONDAY 23** Pray for our social workers as they walk alongside people in complex and risky situations.
- ☐ **TUESDAY 24** Pray for tonight’s Council of Supporters, and for the churches who carry this work.
- ☐ **WEDNESDAY 25** Pray for women and children living with violence at home: for safety, courage and a way out.
- ☐ **THURSDAY 26** Pray for churches in Albania and the UK to be places of safety, and to speak up.
- ☐ **FRIDAY 27** Pray for survivors finding healing, restoration and belonging.
- ☐ **SATURDAY 28** Give thanks for Albania on Flag and Independence Day, and pray for justice and peace in the nation.

WEEK 6 • REHABILITATION & THERAPY

Every body belongs

Our clinics in Tirana and Durrës offer more than 100 free clinical hours a week, and last year sensory therapy attendances doubled to around 240. This week our US partners, who share our heart for disability inclusion in the church, visit the work.



Physiotherapy: more than 100 free clinical hours a week across two clinics.

“Those parts of the body that seem to be weaker are indispensable.”
1 CORINTHIANS 12:22

A STORY FROM OUR CHURCH IN TIRANA

One mother says of her son, who has Down syndrome: “My son is needed here. He is not tolerated. He is not an extra. He brings something. When we have communion, he passes the bread. He holds the plate with both hands and he looks at each person and waits until they take a piece.”

- ☐ **SUNDAY 4 OCT** As churches across the UK meet today, pray for every congregation that holds Albania in its prayers — including your own.
- ☐ **MONDAY 5** Pray for Xhina, Tea and all our therapists — for skill, patience and joy — and for the 67 people a week seen in our clinics.
- ☐ **TUESDAY 6** Pray for families newly reaching out to the rehab clinics, for good assessments and quick access to help.
- ☐ **WEDNESDAY 7** Pray for this week’s visit from our US partners: that together we would help churches in Albania welcome disabled people and their families as full members of the body of Christ.
- ☐ **THURSDAY 8** Give thanks for children moving from therapy into school and kindergarten, and pray for teachers learning to include them well.
- ☐ **FRIDAY 9** Pray for the Friday Sensory Bible Stories groups, where people meet Jesus through touch, sound, scent and movement.
- ☐ **SATURDAY 10** Pray for the specialist equipment we need, including wheelchairs, so that people can get out and take part.

WEEK 7 • THE WHOLE TEK URA FAMILY

Seeds and streets

Around our centres, young people are turning what the city throws away into benches, compost and gardens. The Eco-Street Project is a small picture of the gospel: broken places made new. This week also starts the final stretch before the Tirana 10K.

Painting a community mural together: broken places made new.

“The earth is the Lord’s, and everything in it, the world, and all who live in it.”

PSALM 24:1

REFLECT

The streets around our centres belong to the Lord. Caring for a place is a way of honouring its Maker.

- ☐ **SUNDAY 11 OCT** Give thanks for the Eco-Street Project and for neighbours caring together for the streets around our centres.
- ☐ **MONDAY 12** Pray for the young people who lead the work, that they would see their own worth as they see a street transformed.
- ☐ **TUESDAY 13** Pray for funding applications awaiting decisions, that the right doors open.
- ☐ **WEDNESDAY 14** Pray for Dan’s visit to Tirana this month: good conversations with the team and wise planning.
- ☐ **THURSDAY 15** Pray for good care of the new land in Durrës, and for wisdom about its next steps.
- ☐ **FRIDAY 16** Pray for the preparations for the mini-immersive visit and the 10K weekend.
- ☐ **SATURDAY 17** Pray for our cell groups as they gather this week, that they would be places where people grow together.

WEEK 12 • RECOVERY & EMPOWERMENT

Integrity at work

Last year 34 people moved into legal, dignified work through Tek Ura. The young adults in our careers groups want fair jobs and a future at home. This week we pray for integrity in education and work, in Albania and in the UK.

All smiles at the Tirana centre.

“The Lord detests dishonest scales, but accurate weights find favour with him.”

PROVERBS 11:1

REFLECT

Honest scales matter to God in the market, the office and the classroom. Where is integrity costly for you?

- ☐ **SUNDAY 15 NOV** Pray for your own church today: what might God be inviting you to give, to pray or to go?
- ☐ **MONDAY 16** Pray for our social workers as they help people find work, write a first CV and keep going through the hard early months.
- ☐ **TUESDAY 17** Pray for the young adults in our careers groups: for jobs, courage and integrity.
- ☐ **WEDNESDAY 18** Pray for the women whose university fees we help with, that they complete their studies well.
- ☐ **THURSDAY 19** Pray for our interns and university placement students, that they grow in skill and character.
- ☐ **FRIDAY 20** Pray for fairness and integrity in education and work, in Albania and in the UK.
- ☐ **SATURDAY 21** Pray for young people to find a future at home, and for employers who treat workers with dignity.

WEEK 11 • SKILLS & EDUCATION

Strangers becoming neighbours

Tek Ura supports 32 refugee families with Albanian language lessons, alongside English groups and training for women looking for work. Learning a language is how a stranger becomes a neighbour.

Dancing together: strangers becoming neighbours.

“And you are to love those who are foreigners, for you yourselves were foreigners in Egypt.”

DEUTERONOMY 10:19

REFLECT

Israel was told to remember they had once been strangers. So were we, until Christ brought us home.

- ☐ **SUNDAY 8 NOV** Pray for refugee families learning Albanian, that they find welcome, friendship and a home.
- ☐ **MONDAY 9** Pray for those who teach Albanian, for patience and creativity.
- ☐ **TUESDAY 10** Pray for women in skills training, for confidence and a route into good work.
- ☐ **WEDNESDAY 11** Pray for the Horizons English groups and the children and teenagers growing in confidence through them.
- ☐ **THURSDAY 12** Pray for the Skills tutors and volunteers who give their time every week.
- ☐ **FRIDAY 13** Pray for more help in Durrës, where our Skills team is currently stretched.
- ☐ **SATURDAY 14** Pray for rest and renewal for the whole team as the year gets busier.

WEEK 8 • THE WHOLE TEK URA FAMILY

Running the race

The Tirana 10K runs alongside the 10th Tirana Marathon, with our Albanian team, UK supporters and friends running together to help keep children in school. Some will run in Tirana; others will run where they are.

Training for the Tirana 10K — Run for Tek Ura.

“Let us run with perseverance the race marked out for us.”

HEBREWS 12:1

REFLECT

Faith is a long race, run together. Who is running beside you, and who needs you to run beside them?

- ☐ **SUNDAY 18 OCT** Pray for runners training in Albania and the UK — for health, safety and perseverance.
- ☐ **MONDAY 19** Pray for our partnership with Stewardship, who handle UK gifts, and for the planned visit this autumn.
- ☐ **TUESDAY 20** Give thanks for Xhonsila and all who keep our accounts careful, audited and open.
- ☐ **WEDNESDAY 21** Pray for our Albanian staff running alongside supporters, and for the friendships formed along the way.
- ☐ **THURSDAY 22** Pray that the 10K raises all that is needed, towards the £40,000 target.
- ☐ **FRIDAY 23** Pray for everyone travelling to Tirana this weekend: safe journeys and a warm welcome.
- ☐ **SATURDAY 24** Pray for today's celebration at the Tirana centre, as runners, staff and community gather before race day.

WEEK 9 · KOMUNITETI I BESIMIT

Race day and a week together

Race day, then a week of living alongside: a mini-immersive group joins the team in Tirana and Durrës, visiting homes, clinics and cells. Immersion means taking part, not just watching — and it changes visitors as much as anyone.

“But grow in the grace and knowledge of our Lord and Saviour Jesus Christ.”
2 PETER 3:18



A baptism, witnessed by the church family and friends.

REFLECT

Growth takes time and company. Ask God to grow grace in you as you pray for grace to grow in others.

- ☐ **SUNDAY 25 OCT** Praise God for the Tirana 10K. Pray every runner finishes well and every gift goes a long way.
- ☐ **MONDAY 26** Pray for the mini-immersive group as they visit homes, clinics and cells: that they would take part, not just watch.
- ☐ **TUESDAY 27** Pray for the families who welcome visitors into their homes: that they are treated with dignity and that friendships grow.
- ☐ **WEDNESDAY 28** Pray for Pastor Juri and Komuniteti i Besimit — 136 gathering each week across ten cell groups — for unity, courage and growth.
- ☐ **THURSDAY 29** Give thanks for the Durrës Thursday cell, grown from 27 to over 50 this year, and pray for those who lead it.
- ☐ **FRIDAY 30** Pray that members of our church family grow deeper in the grace and knowledge of Jesus, as they have asked.
- ☐ **SATURDAY 31** Pray for the team as the visitors leave, and for rest after a very full fortnight.

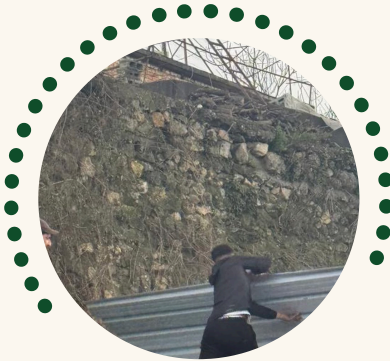
WEEK 10 · THE WHOLE TEK URA FAMILY

Warm homes, clear vision

Winter brings more people to our Recovery team. As the rains arrive, our store of roofing materials, blankets and second-hand clothes is ready, and Roxhers coordinates wood-burning stoves so families can heat their homes. The team is also praying about a 2027 retreat and vision-planning residential.

Fixing a roof before the winter rains.

“And my God will meet all your needs according to the riches of his glory in Christ Jesus.”
PHILIPPIANS 4:19



REFLECT

God’s provision often arrives through God’s people — a stove, a roof, a blanket. Pray, then ask how you might be part of the answer.

- ☐ **SUNDAY 1 NOV** Give thanks for every church that makes room for Tek Ura on a Sunday, and pray for your own church’s part in the story.
- ☐ **MONDAY 2** Pray for the Recovery team as more people turn to them each winter, and for Albania through storms and flooding: safety for homes, and a generous response whenever we need to appeal for help.
- ☐ **TUESDAY 3** Pray for families whose roofs leak as the rains arrive, and for the roofing materials in our store to reach them in time.
- ☐ **WEDNESDAY 4** Pray for Roxhers as he coordinates wood-burning stoves for families with no other way to heat their homes, and give thanks for every household kept warm. To help, see the ways to give on page 23.
- ☐ **THURSDAY 5** Pray for the team as they shape the next objectives together, so that they grow from the team upwards and are owned by everyone.
- ☐ **FRIDAY 6** Pray about whether a team retreat and vision-planning residential will be possible in 2027, and for the extra funding it would need.
- ☐ **SATURDAY 7** Give thanks for the mini-immersive group now home, and pray that what they saw keeps shaping their church.